

# LUNCH SPECIALS...

SERVED WITH YOUR CHOICE OF 2 OF THE FOLLOWING

HOMEMADE GARLIC MASHED POTATOES, FRENCH FRIES, RG'S MASHED SWEET POTATOES, RG TATERS, VEGGIE OF THE DAY, HOMEMADE COLESLAW, CORN ON THE COBB AND APPLESAUCE

**CEDAR PLANK SALMON** \$9.49

A FILET OF FRESH ATLANTIC SALMON MARINATED IN BOURBON, SOY, PINEAPPLE AND SESAME. BAKED ON A REAL CEDAR PLANK FOR A DELIGHTFUL SMOKY FLAVOR

**GULF GROUPEL OSCAR** \$14.99

A FRESH GROUPEL FILET TOPPED WITH CRAB MEAT STUFFING, ASPARAGUS AND HOLLANDAISE SAUCE!

**COCONUT TILAPIA** \$8.49

TILAPIA HAND-BREADED IN SHREDDED COCONUT AND LIGHTLY FRIED TO A GOLDEN BROWN. SERVED WITH RG'S RASPBERRY HORSERADISH SAUCE!

**SALMON OSCAR** \$10.99

SALMON FILET TOPPED WITH CRAB MEAT STUFFING, ASPARAGUS AND HOLLANDAISE SAUCE!



**TUSCANY BASA** \$8.99

LIGHTLY DUSTED AND SAUTÉED BASA FILET TOPPED WITH SAUTÉED TOMATOES, CAPERS, BASIL, HERB BUTTER, WHITE WINE AND LEMON.

**TILAPIA PICCATA** \$8.49

TILAPIA FILET SAUTÉED WITH SLICED MUSHROOMS, CAPERS, WHITE WINE AND LEMON BUTTER!

**TILAPIA ALMANDINE** \$8.49

A TILAPIA FILET ROLLED IN SLICED ALMONDS AND FRIED TO PERFECTION. SERVED WITH AMARETTO BUTTER!

**MANGO MAHI** \$9.49

A FILET OF MAHI MAHI CARIBBEAN JERK SEASONED AND TOPPED WITH RG'S MANGO SALSA.

**DOMESTIC CATFISH** \$8.99

A FILET OF DOMESTIC CATFISH HAND BREADED IN OUR TRADITIONAL SOUTHERN CORN MEAL SEASONING AND FRIED PERFECTLY!



# STUFF ON A BUN...

ALL SANDWICHES SERVED WITH FRENCH FRIES AND COLE SLAW AND ON YOUR CHOICE OF A BRIOCHE OR FRENCH ONION BUN

**RG'S FRIED FISH SANDWICH** \$7.99

3 FLAKEY ALASKAN POLLOCK FILETS STACKED HIGH!

**GULF GROUPEL SANDWICH** \$15.99

A FULL 8OZ FILET OF FRESH GULF GROUPEL; FRIED, GRILLED OR BLACKENED!

**MAHI MAHI SANDWICH** \$10.99

A FILET OF MAHI MAHI GRILLED, BLACKENED OR FRIED!

**SANDWICH OF THE DAY** \$7.99

SANDWICH OF THE DAY SERVED WITH YOUR CHOICE OF A CUP OF SOUP OR HOUSE OR CAESAR SALAD!

**CHICKEN CLUB SANDWICH** \$8.49

A TENDER CHICKEN BREAST GRILLED, FRIED OR BLACKENED AND TOPPED WITH APPLEWOOD SMOKED BACON AND PROVOLONE CHEESE. HONEY MUSTARD SERVED ON THE SIDE!

**THE ROOSTER** \$7.99

A TENDER CHICKEN BREAST BLACKENED AND TOPPED WITH CHEDDAR CHEESE, SLICED TOMATO AND LETTUCE. SERVED ON A GARLIC TOASTED HOAGIE ROLL!

**RG'S SHRIMP PO' BOY** \$9.99

A GRILLED HOAGIE BRUSHED WITH OUR TARRAGON AIOLI SAUCE AND STUFFED WITH SHREDDED LETTUCE, SLICED TOMATOES AND LIGHTLY SEASONED FRIED SHRIMP!

**CRAB CAKE SANDWICH** \$9.99

OUR MOST POPULAR MENU ITEM SERVED AS A SANDWICH. YOU CAN'T GO WRONG WITH THIS ONE! RG'S MUSTARD SERVED ON THE SIDE.

# FIRST CAST...

## ROOSTERFISH FINS \$5.99

THINLY SLICED DEEP FRIED ONIONS SERVED WITH RG'S OWN FIN SAUCE FOR DIPPING!

## COCO LADA SHRIMP \$8.99

5 LARGE COCONUT SHRIMP FRIED TO PERFECTION AND SERVED WITH RG'S HOME MADE RASPBERRY HORSERADISH SAUCE!

## BUFFALO CHICKEN TENDERS \$6.99

HAND BREADED CHICKEN TENDERS LIGHTLY FRIED AND TOSSED IN RG'S BUFFALO SAUCE. SERVED WITH CELERY AND RANCH OR BLEU CHEESE DRESSING!

## CHICKEN QUESADILLAS \$7.99

A GRILLED FLOUR TORTILLA STUFFED WITH CHEDDAR, MOZZARELLA AND SEASONED CHICKEN. SERVED WITH SHREDDED LETTUCE, DICED TOMATO, SOUR CREAM AND SALSA!

## FRESH NEW BEDFORD CALAMARI \$9.99

FRESH, NEVER FROZEN CALAMARI DUSTED IN RG'S SEASONED BREADING AND LIGHTLY FRIED! SERVED WITH HOMEMADE MARINARA SAUCE ON THE SIDE!

## FRESH GULF OYSTERS ROCKEFELLER RAW

6- \$8.99

6- \$7.99

12- \$16.99

12- \$14.99



## CRABBY PATTIES \$7.99

TWO "FLORIDA STYLE" CRAB CAKES! A COMBINATION OF CRAB AND SECRET SEASONINGS, LIGHTLY SEARED AND SERVED WITH RG'S MUSTARD SAUCE!

## HOMEMADE FRIED CHEESE \$5.99

FRESH MOZZARELLA HAND ROLLED WITH RG'S SEASONED PANKO BREADING AND FRIED TO PERFECTION! SERVED WITH FRESH MARINARA SAUCE FOR DIPPING!

## OLD TIMER'S SOUPS

### NEW ENGLAND GLAM CHOWDER CUP \$3.99 BOWL \$5.49

### LOBSTER BISQUE CUP \$4.99 BOWL \$5.99

### RG'S CRAB CORN CHOWDER CUP \$3.99 BOWL \$5.49

**WARNING** Eating raw oysters may be dangerous to your health. Especially persons suffering from: low immune system, kidney, liver or hepatitis medical conditions. We do recommend oysters cooked.

**WARNING** Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.



**GARLIC CHEESE TOAST \$1.50**

## FRESH FROM THE GARDEN...

## FIESTA SALAD \$8.99

A BOWL OF MIXED GREENS TOPPED WITH DICED TOMATO, MIXED CHEESES, BLACK BEANS, RED ONION AND TORTILLA STRIPS AND SERVED WITH CHIPOTLE RANCH DRESSING.

## RG'S SEASONED SALAD \$8.99

A BOWL OF MIXED GREENS, GRAPE TOMATOES, MARINATED ASPARAGUS, SLICED PORTOBELLO MUSHROOMS, FETA CHEESE, TOPPED WITH ROOSTERFISH FINS AND SERVED WITH OUR BALSAMIC VINAIGRETTE DRESSING.

## LARGE CLASSIC CAESAR SALAD \$6.99 SIDE SALAD \$3.49

CRISP COLD ROMAINE LETTUCE TOSSED IN RG'S HOMEMADE CAESAR SALAD DRESSING AND SPRINKLED WITH SHREDDED PARMESAN CHEESE AND HOMEMADE GARLIC CROUTONS!

## RG'S LARGE HOUSE SALAD \$7.99 SIDE SALAD \$4.49

FRESH MIXED GREENS, GRAPE TOMATOES, RED ONION, CHOICE OF MIXED CHEESE OR CRUMBLLED BLUE CHEESE AND HOMEMADE GARLIC CROUTONS! SERVED WITH YOUR CHOICE OF DRESSING!

### ADD TO ANY OF OUR SALADS

- CHICKEN (GRILLED, FRIED OR BLACKENED) \$3.99
- SHRIMP (GRILLED OR BLACKENED) \$4.49
- YELLOW FIN TUNA (PAN SEARED OR BLACKENED) \$6.49
- MAHI MAHI (GRILLED OR BLACKENED) \$5.49

# NON SWIMMERS...

**ISLAND CHICKEN** \$6.99

OUR OWN JERK SEASONING AND MANGO SALSA TURNS THIS TENDER BREAST INTO AN ISLAND MASTERPIECE.

**GRILLED SIRLOIN** \$10.99

A TENDER 6OZ ANGUS SIRLOIN GRILLED TO YOUR LIKING AND TOPPED WITH ROOSTERFISH FINS.

**1/2 RACK BABY BACK RIBS** \$8.49

FORK TENDER BABY BACK RIBS WITH RG'S BBQ SAUCE. ADD 3 FRIED SHRIMP \$10.99

**CHICKEN OSCAR** \$8.99

A TENDER MARINATED CHICKEN BREAST LIGHTLY FRIED THEN TOPPED WITH CRABMEAT STUFFING, ASPARAGUS AND HOLLANDAISE SAUCE.



# SWIMMERS...

SERVED WITH YOUR CHOICE OF 2 OF THE FOLLOWING

HOMEMADE GARLIC MASHED POTATOES, FRENCH FRIES, RG'S MASHED SWEET POTATOES, RG TATERS, VEGGIE OF THE DAY, HOMEMADE COLESLAW, CORN ON THE COBB AND APPLESAUCE

**ATLANTIC SALMON** \$8.99

A 6OZ FILET OF FRESH ATLANTIC SALMON SERVED GRILLED OR BLACKENED. DILL SAUCE SERVED ON THE SIDE!

**MAHI MAHI** \$8.99

A 6OZ FILET OF MAHI MAHI SERVED GRILLED, BLACKENED OR FRIED!

**FISH AND CHIPS** \$8.49

A DELIGHTFUL PORTION OF FLAKEY HAND-BREADED POLLOCK LIGHTLY FRIED!

**FRIED SHRIMP** \$7.99

6 LARGE SHRIMP DUSTED IN OUR OWN RG'S SECRET BREADING AND DEEP FRIED TO A GOLDEN BROWN.

**CANADIAN SEA SCALLOPS** \$13.49

6 SUCCULENT SEA SCALLOPS SAUTÉED IN GARLIC BUTTER AND WHITE WINE OR GET'EM FRIED.



# BARNACLE BURGERS...

ALL 1/2 LB BURGERS SERVED ON YOUR CHOICE OF BRIOCHE OR FRENCH ONION BUN AND SERVED WITH FRENCH FRIES AND COLE SLAW!

**BORGIA BURGER** \$9.99

GRILLED ANGUS BEEF TOPPED WITH APPLE WOOD SMOKED BACON AND HORSERADISH CHEDDAR! DELICIOUS!

**BARNACLE BURGER** \$8.99

EXPERTLY GRILLED TO YOUR CHOICE OF TEMPERATURES ADD CHEESE OR BACON FOR 50¢ OR BOTH FOR A BUCK.

**MUSHROOM PROVOLONE BURGER** \$9.99

GRILLED AND SMOTHERED WITH SAUTÉED MUSHROOMS AND PROVOLONE CHEESE!

**RG'S COWBOY BURGER** \$9.99

GRILLED ANGUS BEEF TOPPED WITH RG'S BBQ SAUCE, ROOSTERFISH FINS AND CHEDDAR CHEESE!

# BEFORE THE DOOR...

**HOMEMADE KEY LIME PIE** \$2.99

1/2 THE CALORIES \$1.99

**WHOLE KEY LIME PIE** TO GO \$13.99

**AMARETTO CHEESECAKE PIE** \$4.99

**BLACK FOREST CHOCOLATE CAKE** \$4.99